

# Lucilla Carlacci De Mattia

BSc, MSc (hons)  
Clinical Psychologist (Neurorehabilitation Specialist)  
EMDR Therapist

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## Academic History:

<b>Glasgow University, UK</b>	2022-ongoing	MSc in Clinical Neuropsychology
<b>Italian Council of Psychologists, IT</b>	2018	State Examination and licence to practice
<b>Goldsmiths University of London, UK</b>	2017-2018	Research Internship, General and Clinical Psychology
<b>Sapienza, University of Rome, IT</b>	2014-2016	MSc (hons), Cognitive Neuroscience and Psychological Rehabilitation
<b>Sapienza, University of Rome, IT</b>	2011-2014	BSc (First), Psychology and Health
<b>Classical Lyceum M. Buratti, Viterbo, IT</b>	2005-2010	High School Certificate (literature focused)

## Areas of Expertise:

Neuropsychological Rehabilitation	Multi-Disciplinary Teamwork
Report writing & clinical assessments	Team training and Supervision
Mental Capacity Assessment	Neuroscience & Neuropsychology Research
Individual and group therapy (CBT, systemic, EMDR, trauma & attachment focused, psychodynamic).	Family support & Education

## Work History:

**February 2019 – Present**

**NPsych Ltd., London**

Providing neuropsychological rehabilitation to specialist ABI services (e.g., Enable Care, Achieve Together) and community-based cases. I conduct assessments and deliver treatment for adults and children with mental health conditions, behavioural issues, and cognitive difficulties following brain injury, while ensuring that clinical records and reports (e.g., MCA, neuropsychological assessment reports) are completed accurately and on time. I am experienced in training other professionals and collaborating effectively with multi-disciplinary teams. My treatment approach includes both individual and group sessions, focusing on emotional and social adjustment, insight interventions, cognitive difficulties, and challenging behaviour (e.g., compensatory strategies, functional analysis, behavioural guidelines). I provide psychological therapy and psychoeducation for patients and their families, utilising a range of therapeutic approaches, including CBT, Mindfulness, systemic work, EMDR, and psychodynamic therapy.

**October 2017 – August 2019****BIS – Brain Injury Services, London**

BI Rehabilitation Support Worker and Deputy Team Leader for a private client with TBI, in a medico-legal context. Responsibilities included managing cognitive impairments and lack of insight, employing Grounding Techniques to handle episodes at home and in the community, implementing Self-monitoring, Relaxation, and Memory Strategies, and fostering the client's independence and community integration. Additional duties involved supporting and monitoring mood and behaviour, risk management, and progression towards goals; conducting Data Analysis for medico-legal case support through monthly reports; reviewing support records and rehabilitation programme documentation to ensure goal-focused interventions; managing and training the support team on rehabilitation programmes; and maintaining regular contact with family and professionals to establish outcome measures and monitor intervention effectiveness.

**Sept 2018 – March 2019****Goldsmiths University of London**

Winner of a European grant for a research project on Body Representation. In this role, I worked on an EEG research project in collaboration with a US department and conducted a personal project on Body Representation and Sense of Agency, with the goal of applying the findings to a clinical population. This experience taught me how to work effectively in teams, meet deadlines, and think creatively to solve problems within the lab.

**March 2017 – April 2018****Aics Group – Acquired Injury Care & Support, London**

As a rehabilitation support worker, I worked with children and adults with various ABIs, undergoing training and supervision. I gained experience in managing paranoid schizophrenia, including handling hallucinations to ensure safety. My role involved assisting the case manager in implementing case objectives, conducting direct client work, and liaising with other professionals to achieve optimal outcomes for the client.

**Publications:**

Carlacci De Mattia L, Campbell T, & Parrett N. (2023). **Impact of Covid-19 lockdown on the mood, behaviour, and social activities of people with brain injury in the UK: Results of a survey of brain injury professionals' reports.** *The Neuropsychologist*. 1. 40-51. 10.53841/bpsneur.2023.1.15.40.

Caggiano P, Grossi G, De Mattia LC, vanVelzen J, Cocchini G. (2022). **Objects with motor valence affect the visual processing of human body parts: Evidence from behavioural and ERP studies.** *Cortex*. 2022 Aug;153:194-206. doi: 10.1016/j.cortex.2022.04.016. Epub 2022 May 17. PMID: 35689854.

**Presentations & Posters / Awards:**

Delivered presentations and research posters at various conferences and meetings since 2017, including the BNS Meeting, the BRNet Workshop, and the WFNR congress.

Recipient of multiple awards, including the European "Erasmus+ for Traineeship Grant" (2016-2017) and the "Course of Excellence" Award (2015-2016) for a workshop on trauma, brain stress-related disorders, and neural plasticity, both from Sapienza University of Rome. Also honoured with the "Graduate Award LazioDisu" (2015-2016) in recognition of academic excellence.

**Other:**

Member of the Association of Clinical Psychologists UK (ACPUK)

Up to date DBS checks

Awarded EMDR Therapy Accredited Training Programme with Dr Farrell

Java and oop – basic skilled