

Dr Joshua Nice

BSc, MSc, DClInPsy
Clinical Psychologist



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Academic History

University of Kent: BSc Psychology with Clinical Psychology (2003-2006),
MSc Cognitive Neuropsychology, Distinction (2007), Post-Graduate Certificate in Higher
Education (2023-2025)
University of Surrey: Doctorate in Clinical Psychology (2010-2013)
King's College London: Certificate in Children and Young People's IAPT Supervision

Areas of expertise:

Psychological Assessment and formulation	Supervision to psychologists and trainee
Neurodevelopmental assessment	and assistant psychologists
Cognitive assessments	Research
Psychotherapeutic Intervention: cognitive- behavioural, narrative, psychodynamic	Training
Looked after and adopted children	Service development
	School observation

2023-5 Kent Children and Young People's Services, North East London Partnership Trust (NELFT)

I work as the Clinical Lead in the Autism Assessment Team in Kent. I complete assessments for children and young people with complex presentations including looked after children and young people, those who have experienced trauma, who are at risk of exploitation and radicalization and who have other comorbidities such as learning disabilities, attention deficit hyperactivity. I supervise a range of other professionals and run regular reliability meetings and multi-disciplinary discussions. I work with the local Integrated care system and leads in health and education to develop services across the area. I run regular workshops and drop in sessions for families with neurodiverse young people.

2022-2025 University of Kent

I teach graduate and post-graduate psychology modules at The University of Kent. I convene modules and develop programmes. I have completing research into the use of communication passports in mainstream schools. I am the author on a research paper in Autism, on conversation in autistic children.

2021-2022 Emotional Well-being Team, (NELFT)

I worked leading a team of Education Mental Health Practitioners in West Kent. I supported them in delivering CBT in schools and developed a whole school approach to mental health across a number of primary, secondary and special needs schools.

2015-2021 Child Health and Paediatrics, East Kent Hospitals Trust

I worked with children and families with neurodevelopmental and chronic health problems. This is varied work which can involve working with children with a range of different difficulties including but not exclusive to: autism, attention deficit hyperactivity disorder, intellectual disabilities, diabetes, sleep disorders, chronic fatigue and acquired brain injury. I completed autism assessment assessments. I ran sleep, feeding and toileting clinics. I supervised Clinical Nurse Specialists and ran workshops for young people and their families.

2013-2015 Children and Young People's Mental Health Services, Sussex Partnership Trust

Upon qualification as a Clinical Psychologist I worked for a CYMPHS service supporting clients and their families. This work included young people with varying presentations including low mood, anxiety, conduct difficulties, neurodevelopmental differences. I used a range of different psychological models psychodynamic, systemic and CBT and developed my autism assessment skills.

2008-2010 Assistant Psychologist East Kent Hospitals Trust

After graduating from the University of Kent I worked as an assistant psychologist in child health and children and young people's services. I completed cognitive assessments, completed individual work supported qualified staff with neurodevelopmental assessments and completed audits and evaluations.

Associate roles

2023-2025 Kent Autism Assessments, associate completing autism and neurodevelopmental assessments

2018-2023 SEN Professionals, associate completing autism assessments

2024-2025 Adoption UK, associate completing consultations for parents