

Dr Andy Pike

BSc(Hons), DClinPsy
Consultant Clinical Psychologist

HCPC Registered PYL31222
ACP Registered

Tel: 0207164 6821



Academic History

University of Hertfordshire 2006-2009 BSc Psychology First Class Honours

University College London 2011 – 2014 Doctorate in Clinical Psychology

Areas of Expertise

Psychological and neuropsychological
assessment and treatment

Psychotherapeutic practice (CBT, ACT,
DBT, CFT, EMDR, tCBT, NET – individual
and group intervention)

Medico Legal reporting for Helen Bamber

Asylum Seeker Clients

Attachment therapy

Consultation to individuals and teams

Supervision to trainee or asst

psychologists

Advanced communication and leadership

Clinical Research & Audit

Consultation to Secondary School MH

Intervention in 3rd Sector

Teaching and Training

Clinical Work History:

May 2023 - Present NPsych Ltd

Community and in-patient neurorehabilitation and mental health support.

July 2017 - Present AP Psychology Services

Externally supervised private Clinical Psychology practice. Individual adult and group client work, Medico Legal work on behalf of asylum seekers, End Point Assessments for UCL Clinical Assistant Practitioner program and various consultancy roles.

Nov 2014 – May 2017 NHS East London Mental Health Trust

Psychological assessment, therapy and research in adult secondary care Community Mental Health Team & Clinic Based Health psychology in hospital and health settings. Bespoke

training and supervision in ACT and EMDR. Basic Neuropsychology assessment and screening within multi-disciplinary team where needed and consultancy to staff teams within complex care settings.

Sep 2011 – Sep 2014 University College London/Camden & Islington NHS Trust

Completion of doctoral training in clinical psychology. Academic skills were assessed through examinations, course work and a doctoral thesis. Clinical skills were assessed through the successful completion of clinical placements under the supervision of chartered clinical psychologists. Placements included: specialist adult mental health; child and adolescent Tier 3 mental health service; adult learning disability community team; specialist complex trauma service. Placements involved assessment, treatment (using a range of models: CBT, ACT, narrative and systemic therapy), specialist neuropsychological testing, group and individual work, teaching, consultation and audit.

Nov 2009 – Sept 2011 South East Essex Partnership Trust

Psychological assessment, therapy and research under supervision of clinical psychologist. Responsibility for individual and group therapy for mild to moderate mental health conditions; individual and group Pain Management Programs within bespoke team of physical and MH professionals using CBT & ACT approach.

Publications & Conference presentations

Pike A, Hearn L, Williams ACdeC. Effectiveness of psychological interventions for chronic pain on health care use and work loss: systematic review and meta-analysis. *Pain* 2016; 157:777-85

BABCP 43rd Annual Conference 2015 Symposia – ‘Treating PTSD using pre-emptive imagery re-scripting (ImRS) as an alternative to reliving in a refugee suffering with PTSD to multiple traumatic events’

Andy Pike, South Essex Partnership University NHS Trust and Kerry Young, Forced Migration Trauma Service, CNWL NHS Foundation Trust, London