

Dr Tomás Campbell CPsychol CSci AFBPsS

Consultant Clinical Psychologist, Neurorehabilitation Specialist

**Associate Fellow, British Psychological Society,
Fellow, Royal Society of Medicine
Chartered Clinical Psychologist**

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Academic qualifications:

PG Diploma in Clinical Neuropsychology, University of Glasgow, 2013-2015

MSc in HIV & Sexually Transmitted Infections, London School of Hygiene & Tropical Medicine, University of London, 1997-2000

Doctor of Clinical Psychology, University of Surrey, 1995-1997

MSc Clinical Psychology, University of Surrey, 1986-1988

MA Psychology, University College Dublin, 1984-1985

BA (hons) Psychology, University College Dublin, 1981-1984

Psychotherapy training:

Foundation course in Family Therapy, Irish Institute of Family therapy, 1985-1986

Seminars in Psychotherapy (D54), Tavistock Institute, 1988-1990

Group Psychotherapy, Tavistock Institute, 1990-1991

Dynamic Interpersonal Therapy (DIT), Tavistock Institute, 2012-2013

Acceptance & Commitment Therapy, 2018

Areas of Expertise:

Clinical assessment & report writing
(including specialist neuropsychological
assessment)
Cognitive Rehabilitation
Individual psychological therapy (CBT,ACT,
psychodynamic)

Young people and families
Psychological supervision & support
Family support and education
Teaching & training
Inter-disciplinary team-work & management
Clinical research & audit

Work History:

June 2012 – January 2018: *Re:Cognition Health, London*

As an associate clinician with this specialist provider of neurological services I was part of the psychology team that provided specialist neuropsychological assessment and rehabilitation services to adults and young people.

Sept. 2000 – Dec. 2015: *East London NHS Foundation Trust, London*

In this role I was Consultant Clinical Psychologist and Head of Clinical Health Psychology (Newham directorate). I headed a team that provided assessment, intervention, therapy and rehabilitation for

people with long-term conditions including neurological conditions such as Multiple Sclerosis, Stroke, Motor Neuron Disease and other physical conditions such as heart disease, diabetes, sickle cell disease and HIV. I ran a group programme for young people with HIV for 10 years. I established parenting courses for families with a HIV+ child and have extensive voluntary sector experience of working with children, young people and their families.

Oct. 1994 – August 2000: The Hillingdon Hospital NHS Trust, Uxbridge. Middx

I was Head of Psychology for Drug & Alcohol & Sexual Health. I provided clinical assessment, therapy and rehabilitation to people with addition difficulties. I was responsible for the provision of psychology and neuropsychology services to people with HIV.

1993-1994: Vice-Principal, Thorn Park Centre of Education, Lusaka, Zambia,
Kara Counselling was the largest HIV/AIDS NGO in Zambia providing community based voluntary counselling and testing facilities and HIV training in Zambia. I established a profession counselling training course – the first in Zambia.

1988-1993: Sutton Hospital, Sutton, Surrey

I worked as part of a locality based multi-disciplinary adult mental health team and provided services to in-patients with psychosis, anxieties, phobias, depression, relationship issues and eating disorders. I worked as part of the multi-disciplinary team working with in-patient forensic services in low and medium secure units and participated in the in-patient psychiatric rehabilitation programme

Other:

Member of the British Psychological Society (BPS), the Division of Clinical Psychology (DCP) and the Division of Neuropsychology (DoN)

Member of the South Thames Neuropsychology Special Interest Group

Chair of Trustees of AfricAid (UK charity) (2016-2019)

Publications:

Psychological interventions in people with HIV disease: Considering the challenges in the fourth decade of the epidemic

Campbell, T., Rohleder, P., Beadle, S. & O'Keefe, T. (2015)

In: Watson, R.R (Ed). Health of HIV Infected People: Food, Nutrition and Lifestyle with Antiretroviral Drugs, Vol. I, 551-569. Academic Press, Elseveir

“I can still be happy, I can still get my life again”: Psychological interventions with children, young people and families living with HIV in the United Kingdom

Campbell, T. & Griffiths, J. (2016)

In: Liamputtong, P. (Ed.) Children, Young People and Living with HIV/AIDS: A Cross-Cultural Perspective. Springer: Dordrecht, Netherlands

Neurocognitive issues for adults in HIV care

In Press: Campbell, T. & Margetts, A. (2018)

In: Croston, M. & Rutter, S. (Eds.). Psychological perspectives in HIV care: An inter-professional approach. Routledge, London.

The seemingly intractable problem of HIV-related stigma: developing a framework to guide stigma interventions with young people living with HIV

In Press: Campbell, T. (2018)

In: Croston, M. & Rutter, S. (Eds.). Psychological perspectives in HIV care: An inter-professional approach. Routledge, London.

Adolescents living with HIV: Developing and strengthening care and support services

Contributed to the development of the Stigma and Adherence guidelines (2016)

Unicef Regional Office for Central and Eastern Europe and the Commonwealth of Independent States