

Dr Neil Parrett

MA(hons), DCLinPsy, PgDip, C.Psychol
Consultant Clinical Psychologist
(neurorehabilitation specialist)
Chartered Clinical Psychologist

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Academic History:

University of Glasgow:	2013-2015	PgDip Clinical Neuropsychology
University College London:	2005-2008	Doctorate in Clinical Psychology
Edinburgh University:	1998 – 2003	MA(hons) Psychology 2(i)
Nottingham High School:	1990-1997	A-levels – A,A,A,B; GCSE 10 x A/ A*

Areas of Expertise:

Clinical assessment & report writing (including specialist neuropsychological assessment)	Family support and education
Cognitive Rehabilitation	Teaching & training
Individual and group (family) psychotherapeutic practice (CBT, systemic & psychodynamic)	Inter-disciplinary team work & management
Psychological supervision & support	Mediation & negotiation
	Clinical research & audit

Medico-legal:

I have been working as a treating clinician in medico-legal cases since 2010 and as an expert witness since 2012. I take on 5-10 expert instructions per year. Report turnaround 1 month.

Work History:

June 2011 – Present: NPsych Ltd.

Owner of a small independent practice of neurorehabilitation specialists working in the medico-legal field. My clinical work is primarily as a treating clinician and expert witness on individual medico-legal cases with a wide variety of case managers and solicitors. Approximately 30% of my caseload is working with child and adolescents with the remainder adults. I also provide neuropsychology consultancy services to a number of specialist acquired brain injury services across the South East.

Jan. 2012 – March 2016: Re:Cognition Health

In this role I lead the development of the brain injury rehabilitation service, which involved expanding the team of neurorehabilitation specialists and directing the delivery and organisation of the service as it expanded across London and the South East. In addition, I continued to work as a practising clinician and consultant on community based neurorehabilitation cases in a medico-legal context.

Jan 2014-July 2015: NHS East London Mental Health Trust

Consultative neuropsychology role to an in-patient and community based mental health services across the borough of Hackney. This involved specialist neuropsychological assessment for patients where there was a query regarding cognitive status. I created a stepped pathway of assessment to maximise the reach of the service including training and supervision of non-specialist clinical psychologists.

Oct. 2009 – May 2011 NHS Regional Neurological Rehabilitation Unit Outreach Team

Delivering neuropsychological rehabilitation to individuals within the community across the North East of London. This included specialist neuropsychological assessment and goal directed interventions for individuals, their families and support networks.

Oct. 2008 – Oct. 2009 Blackheath Brain Injury Rehabilitation Unit

My role included conducting comprehensive neuropsychological assessment and cognitive rehabilitation for brain injured adults in a neurobehavioural rehabilitation setting. I conducted individual psychotherapy (CBT, supportive etc), and supervising other professionals in the team particularly in dealing with challenging behaviour as well as delivering lectures and consultations.

Other:

May 2010 - July 2016: Board of Trustees - Headway North London. Involved in fundraising and the development of HWNL, particularly focusing on the expansion of psychological services for members.

September 2014 University College London - Guest lecturer

Published articles:

Parrett, Neil S. And Mason, Oliver J. (2010) 'Refugees and psychosis: A review of the literature', *Psychosis*, 2: 2, 111-121.

Parrett, N.S. & Ghossain, D. (2009). Cognitive Stimulation therapy for inpatient brain injury rehabilitation: A pilot study of feasibility, *Clinical Psychology Forum*, 201, 24-28.

Rhodes, J., Parrett, N. & Mason, O. (2015). A qualitative study of refugees with psychotic symptoms. *Psychosis*, 8:1, 1-11.

Campbell, T., Griffiths, J., Beer, H., Tungana, J., Bostock, V & Parrett, N. (2011). A group approach to facilitate family-focused coping with HIV+ African parents in London, *Clinical Psychology Forum*, 220, 31-36.

Campbell, T., Bath, M., Bradbear, R., Cottle, J. & Parrett, N. (2009). An evaluation of performance-arts based HIV-prevention events in London with 13-16 year olds. *Perspectives in Public Health* 129(5); 216.

Campbell, T., Beer, H., Wilkins, R., Parrett, N. & Jauslin, L. (2009). Sex, love and one-night stands. Getting the relationship you want: Evaluation of a sexual health workshop for HIV+ young people. *Education and Health*, 27 (2), 23-27.